



Welcome to

# Stepwise

the new discipleship development  
programme from the  
United Reformed Church

[www.urc.org.uk/stepwise](http://www.urc.org.uk/stepwise)

# Stepwise

is for...

**everyone:**  
**all ages, shapes**  
**and sizes –**  
**including you!**





# Stepwise

aims to...

**develop disciples –  
enabling you to  
explore and deepen  
your faith.**



# Stepwise

is...



**God-centred,  
mission-focussed,  
participatory and  
rooted in prayer.**





## Stepwise is made up of 5 streams:

- Faith-filled Life – available now
- Faith-fuelled Leadership – Sept 2019
- Faith-filled Confidence – Early 2020
- Faith-filled Community – Early 2020
- Faith-filled Worship – Sept 2020

## More about Faith-filled Life -

- **Faith-filled Life** is the first stream of Stepwise.
- It explores **identity, calling, faith and mission**.
- Thinking about how we see **God at work in the world** is important.
- Our **place and purpose** in God's work are central themes.



# How does Stepwise work?

Online, via the  
Stepwise Hub

Reflective  
Journal



Local  
Stepwise  
Group

Meeting with  
a mentor.

Faith-filled Life takes about 3 - 4 months to complete.  
*(depending on the number and frequency of the group sessions)*

# How does Stepwise work?

## The Stepwise Hub –











Stepwise Hub: Faith-Filled Life Stream

Dashboard / My courses / Faith-Filled Life

A warm welcome to Faith-Filled Life  
...in the Stepwise Hub, your starting stream in the Stepwise Programme. Faith-Filled Life is made up of several sessions as you will see below. Each session has several parts which you will see as a list when you click on the individual session button below.  
Follow the parts in the order they are listed by clicking on each in turn.  
Before looking at Session One - Why Stepwise? Why Now? please begin by taking a moment to read through the introduction below by clicking on **Come Inside - begin your journey here...**

Announcements  
[View from Students](#)

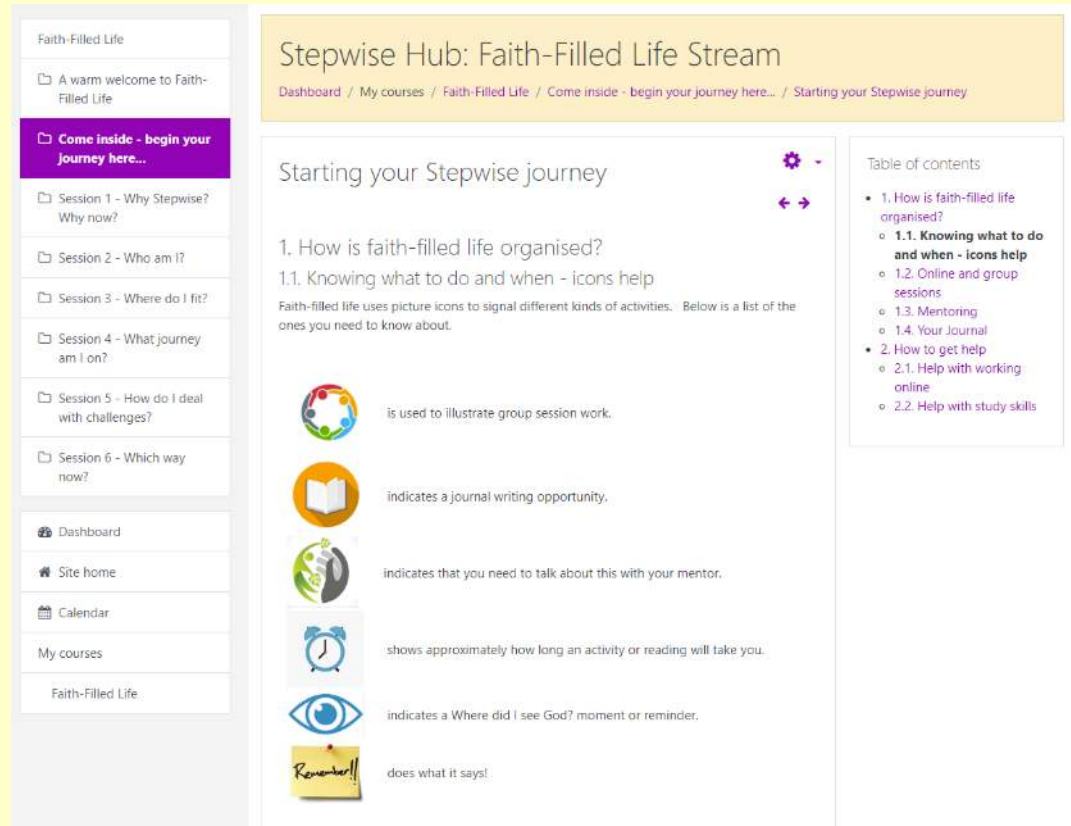
<b>Come inside - begin your journey here...</b> 	<b>Session 1 - Why Stepwise? Why now?</b> 	<b>Session 2 - Who am I?</b> 	<b>Session 3 - Where do I fit?</b> 
<b>Session 4 - What journey am I on?</b> 	<b>Session 5 - How do I deal with challenges?</b> 	<b>Session 6 - Which way now?</b> 	<b>Next Steps</b> 



# How does Stepwise work?

## The Stepwise Hub -

- The online home of Stepwise.
- Everything clearly presented and easy to access.
- Help can be arranged if needed



The screenshot shows the 'Stepwise Hub: Faith-Filled Life Stream' interface. On the left is a navigation menu with options like 'A warm welcome to Faith-Filled Life', 'Come inside - begin your journey here...', and 'Session 1 - Why Stepwise? Why now?'. The main content area is titled 'Starting your Stepwise journey' and includes a 'Table of contents' on the right. The table of contents lists sections such as '1. How is faith-filled life organised?' and '2. How to get help'. Below the table of contents, there are several icons with descriptions: a globe for group session work, an open book for journal writing, a person with a speech bubble for mentorship, a clock for activity duration, an eye for 'Where did I see God?' moments, and a sticky note for reminders.

Stepwise Hub: Faith-Filled Life Stream

Dashboard / My courses / Faith-Filled Life / Come inside - begin your journey here... / Starting your Stepwise journey

Starting your Stepwise journey

1. How is faith-filled life organised?

1.1. Knowing what to do and when - icons help

Faith-filled life uses picture icons to signal different kinds of activities. Below is a list of the ones you need to know about.







-  is used to illustrate group session work.
-  indicates a journal writing opportunity.
-  indicates that you need to talk about this with your mentor.
-  shows approximately how long an activity or reading will take you.
-  indicates a Where did I see God? moment or reminder.
-  does what it says!

Table of contents

- 1. How is faith-filled life organised?
  - 1.1. Knowing what to do and when - icons help
  - 1.2. Online and group sessions
  - 1.3. Mentoring
  - 1.4. Your Journal
- 2. How to get help
  - 2.1. Help with working online
  - 2.2. Help with study skills

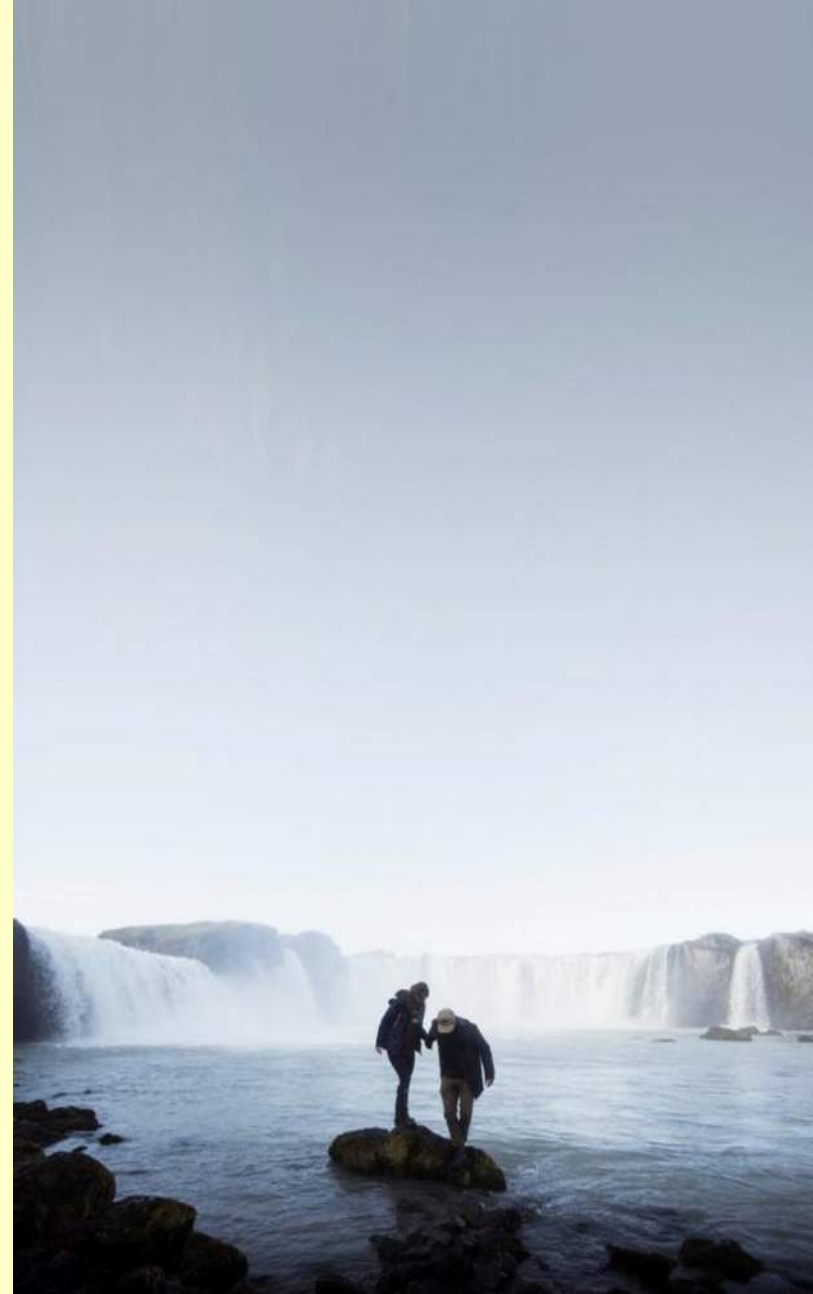


## How does Stepwise work?

### Local Stepwise Group –

- Facilitated not tutored.
- Sets the tone.
- Creates space for encounter.
- Encourages sharing.
- Includes a Group Project.

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## How does Stepwise work?

### Personal Reflective Journal –

- A place to record your thoughts and feelings.
- A way of gauging how you are getting on.
- Provides helpful prompts for meetings with your mentor.



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# How does Stepwise work?

## Stepwise Mentor –

- Someone who will listen.
- A wise disciple.
- Helps to make connections between learning and life.
- Encourages reflection.
- 3 mentor meetings in Faith-filled life.
- Guidance given.

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## Taking the first step...

- Go to [www.urc.org.uk/stepwise](http://www.urc.org.uk/stepwise)
- Click 'Count me in' to register your interest.
- Encourage others in your church, pastorate or community to get involved.



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[www.urc.org.uk/stepwise](http://www.urc.org.uk/stepwise)

# Stepwise

**Time for some questions...**







# Experiencing Stepwise

Faith-filled life – Session 2,

## Who am I?

### 1. Preparing for the Group Session

Who am I – in relation to others?

Individual Exercise – Create an Identity Map

- Begin by writing your name in the middle.
- Around your name write roles that you hold in life.
- Now add things that you do that are important to you...
- ...and the relationships that you have in the world
- Finally, around each identity add two or three words that describe you when you are in this role or identity.



# Experiencing Stepwise

Hopefully, your map looks a little like this one that Elsa made:



# Experiencing Stepwise

## Faith-filled life – Session 2, Who am I?



### 1. Preparing for the Group Session

Now, looking at your map think about the following questions.

- How these roles have shaped my life?
- Do any of the words that I've used suggest that any role is particularly life-giving for me?
- Do any of those same words reveal special skills or experiences that I bring to a role?
- Can I see any patterns among the words I have used?
- Is the picture of me that I see the one I expected to see?

# Experiencing Stepwise

## Faith-filled life – Session 2, Who am I?



### 1. Preparing for the Group Session

Your identity in God – Who am I in God's eyes?

Does your identity map include an item relating to your faith?  
If not, add something now, if you are able.

Look again at your map and spend a few moments thinking about –

- The role which is most important to your sense of identity
- The one or two identities in which you spend most of your time.

# Experiencing Stepwise

## Faith-filled life – Session 2, Who am I?

### 2. The Group Session – thinking further about our identity in God

- Opening Worship – Where did I see God this week?
- Bible Study – pairs of readings that explore God’s relationship with God’s people.
- Some questions to help us think about what it means to hold the identity of God’s people in the world.
- Watching a video about Paul’s use of the Body of Christ and what this might tell us about our own identity.





# Experiencing Stepwise

Faith-filled life – Session 2,  
Who am I?

{URC St Paul Video}

# Experiencing Stepwise

## Faith-filled life – Session 2, Who am I?

### 2. The Group Session – keeping the Body healthy.

#### Facilitated Group Discussion.

- **10 things that keep a human body healthy**  
Can these be categorized? e.g. ‘fuel’ or ‘food’; ‘good habits’ or ‘disciplines’; things to avoid, self-care etc.
- **What makes for a healthy local church?**  
Participants will have their own stories and ideas.  
Actions? Characteristics? Attitudes?



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